



Option Classes



Dear Parents/ Guardians,

We are starting a new quarter of option classes at Spring Glen Jr. High. As such we would like to communicate with you what we are offering this quarter. Please visit with your student and help them pick the best option for them.

Note - Some classes have a limit on the number of students we can accommodate. If there is enough interest, we will offer these classes again in the next quarter.

Monday/Wednesday

- **Writers Workshop**
 - Students will learn skills to help improve and share their writing.
 - Limited Number
- **Fishing Knowledge / Experience**
 - Students will learn basic fishing skills and then have the opportunity to go to the Waterton Reservoir and Cochrane Lake to practice these skills.
 - NOTE - Students will need their own fishing equipment.
- **Entrepreneurship - (Business Proposals) -**
 - Students will research and propose business ideas. They will learn the basics of running a business and come up with a basic business plan.
- **Basic Construction -**
 - Students will learn how to safely work with basic construction tools. They will then use these tools to build a simple construction project.
 - Limited Number
- **Band**
 - Students are taught how to play an instrument.
 - Note - At this point in our year students must have been in band previous to this quarter.
- **First Nation Studies**
 - Students will learn basic First Nations history and skills through stories and crafts
- **Intervention / Homework**
 - Students who need time and assistance in their core classes may opt to take this class. Students must meet with Teachers to help assess their needs before being allowed into this class.



Option Classes



Tuesday/Thursday

- **Soap and Salve Making**
 - Students will learn how to make soap, as well as collect local natural ingredients to create salves.
- **Basic Mechanics / Car Maintenance**
 - Students will learn the basics of how an internal combustion engine works and how to maintain a car. Check oil, fuses, change a tire, etc.
- **Fitness/Sports**
 - Student will participate and learn how to play both outdoor and indoor sports.
- **Drama**
 - Students will learn basic stagecraft, scriptwork, vocal development as well as other drama skills.
- **Hot Lunch Program**
 - Students will learn basic kitchen and meal preparation skills by preparing food for our hot lunch program.
- **Grade 6 Health Class**
 - In order to meet our curriculum requirements for health each grade is required to take a health option during on quarter of the year. This quarter it is the grade 6's turn. Therefore, they cannot select another option Tuesday and Thursdays.
- **Intervention / Homework**
 - Students who need time and assistance in their core classes may opt to take this class. Students must meet with Teachers to help assess their needs before being allowed into this class.