



# Option Classes



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Dear Parents/ Guardians,

We are starting quarter 1 of option classes at Spring Glen Jr. High. As such we would like to communicate with you what we are offering this quarter. Please visit with your student and help them pick the best option for them.

## Monday/Wednesday

- **Crib and Other Math Games**
  - Crib is a card game that requires students to use basic math skills. Students will play crib and other math games to help develop math skills.
- **Outdoor Ed**
  - Students will learn a variety outdoor skills. These skills would be good for hunting, camping and hiking.
- **Band (Gr. 6)**
  - Students are taught how to play an instrument.
    - Note – The grade 6 curriculum require students to have a certain amount of hour in music instructions. After the second quarter students can opt out of band it they would like.
- **First Nation Studies**
  - Students will learn basic First Nations history and skills through stories and crafts.
- **Walking/Hiking Class**
  - Students go on different walks throughout Hill Spring and area. They will also prepare for two different hikes in Waterton and area.
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- **Intervention / Homework**
  - Students who need time and assistance in their core classes may opt to take this class. Students must meet with Teachers to help assess their needs before being allowed into this class.



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## Tuesday/Thursday

- **Intervention / Homework**
  - Students who need time and assistance in their core classes may opt to take this class. Students must meet with Teachers to help assess their needs before being allowed into this class.
- **Art**
  - Students will learn and use a variety of art mediums throughout the quarter.
- **Creative Writing**
  - Student will learn and have the opportunity to improve their writing skills.
- **Basketball**
  - Students will learn from one of our PE teachers the basic skills of basketball.
- **Band 7-9**
  - Students will learn to play a variety of songs on a musical instrument. They will also perform at different points throughout the year. This is generally students with at least some previous band experience.
- **Book Club / Reading Skills**
  - Students who want to improve their reading skills through reading a discussing different genre of books. They will also have an opportunity where need to receive structured intervention to improve their reading skills.
- **Hot Lunch Program**
  - Students will learn basic kitchen and meal preparation skills by preparing food for our hot lunch program.