



Option Classes



Dear Parents/ Guardians,

We are starting Quarter 1 of option classes this week. Students chose earlier today. Please have your students talk to Mr. Scott if they would like to change to a different class.

Monday/Wednesday

Crib (Card Game)

Students will learn how to play crib, a classic card game that develops strategy, math skills, and friendly competition.

Running

This option promotes fitness and endurance. Students will train in running techniques, pacing, and distance while building healthy habits.

Soap and Lotions Making

This hands-on class teaches students how to make their own soaps and lotions. They will learn about ingredients, fragrances, and the process of creating personal-care products.

Guitar Basics

Students will be introduced to the fundamentals of guitar playing, including chords, strumming, and simple songs. Students will be encouraged to bring or borrow their own guitars.

Band (Grades 6/7)

Students will develop musical skills through band practice, focusing on rhythm, reading music, and ensemble playing. This course supports teamwork and musical growth.

Native Studies

Students will learn about the culture, history, and traditions of Indigenous peoples, with a special focus on the Blackfoot Nation. Through stories, teachings, and activities, students will gain a deeper understanding of Indigenous perspectives and contributions, while building respect and appreciation for Indigenous heritage.



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Tuesday/Thursday

Art

Students will explore their creativity through a variety of art projects and media. They will learn new techniques while developing their personal artistic expression.

Typing (Gr. 6/7)

This option focuses on building students' ability to touch type. Students must demonstrate a minimum typing speed of **15 words per minute** if they would like to opt out of this class.

Spanish

Students will be introduced to the Spanish language through vocabulary, conversation practice, and cultural activities. This class will help them build communication skills in a second language.

Roping

Students will learn the basics of roping, including techniques, coordination, and practice drills. Students will be encouraged to bring or borrow their own ropes.

Hot Lunch

Students will learn how to prepare and serve meals to the school community. They will gain practical cooking skills and teamwork experience while contributing to school lunches.

Band (7-9)

Students will continue to develop their musical skills. This is for students with at least one year of foundation in a band instrument.